

Hybrid Personal Trainer Certification

Earn your Certified Personal Trainer (CPT) and position yourself for success in the world of personal health and wellness.

In this comprehensive six-week hybrid course, your learning journey will encompass both virtual, instructor-led lectures and hands-on, in-person practical skill labs conducted at Crunch Fitness. As you progress through the program, you will have the opportunity to take the national certification exam, made accessible to you through the included exam voucher, as part of your tuition package. **Our class holds the NCCA Accreditation,** a testament to our commitment to excellence and a credential highly sought after by employers in the field. An employer list is provided for the bonus LEVEL 2 certification with our internship option to walk into jobs!



Hybrid Personal Trainer Certification (National Exam Voucher Included)

Course Number:	NON-864E
Instructional Delivery Method:	Remote and Lab, Instructor-Led
Total Length:	6 weeks 30 hours (15 hours virtual and 15 hours of hands-on practical skill labs.
Tuition:	\$1,299
BONUS Included:	30-hour online study tool course with quizzes and practice final exam.
Book Cost:	\$99.00

Who Should Enroll

- Fitness enthusiasts or anyone seeking a new career in the health and fitness industry and earning the CPT credential.
- People looking to improve their training methods to achieve their goals safely and efficiently.

Course Meeting Frequency

Weekend Section

Saturdays, 9 a.m.-12 p.m., for a total of five sessions (Remote, Online)
Saturdays at *Malden Crunch Fitness* from 1-4 p.m. (In-Person, six meetings)
National Written Exam at BHCC: Saturday morning
Practical Skills Exam at *Malden Crunch Fitness*: Saturday

Weeknight Section

Tuesdays, 6:30-9:30 p.m., for a total of five sessions (Remote, Online)
Saturdays at *Malden Crunch Fitness* from 12-3 p.m. (In-Person, six meetings)
National Written Exam at BHCC: Tuesday, 6:30-9:30 p.m.
Practical Skills Exam at *Malden Crunch Fitness*: Saturday

Technology Requirement

PC, tablet or smart phone to participate in the lectures. Follow up recording included after each session.

Course Materials

Tuition does not include the book and must be purchased separately from the Human Kinetics website. You may purchase the physical book or E-book here: <https://us.humankinetics.com/products/fitness-professionals-handbook-8th-edition-with-hkpropel-access/?rfsn=5664876.daaee25>.

Or Scan QR Code Here:



Course Details and Registration: bhcc.edu/certifiedpersonaltrainer

No refund once class begins.

Bunker Hill Community College Division of Workforce and Economic Development Phone: 617-228-2462 Fax: 617-228-2080 Email: commed@bhcc.edu bhcc.edu/workforce bhcc.edu/ce	Charlestown Campus, N111 250 New Rutherford Ave. Boston, MA 02129	Chelsea Campus, 5th floor 70 Everett Ave. Chelsea, MA 02150
-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------	-------------------------------------------------------------------



AFFIRMATIVE ACTION and EQUAL OPPORTUNITY STATEMENT Bunker Hill Community College is an affirmative action/equal opportunity institution and does not discriminate on the basis of race, creed, religion, color, sex, sexual orientation, gender identity, age, disability, genetic information, maternity leave, and national origin in its education programs or employment pursuant to Massachusetts General Laws, Chapter 151B and 151C, Titles VI and VII, Civil Rights Act of 1964; Title IX, Education Amendments of 1972; Section 504, Rehabilitation Act of 1973; Americans with Disabilities Act, and regulations promulgated thereunder, 34 C.F.R. Part 100 (Title VI), Part 106 (Title IX) and Part 104 (Section 504). bhcc.edu/eeo